

Name: _____

Major: _____

SURF ID: _____

Date: _____

MIRACOSTA COLLEGE

Plan C: Advisement Sheet

Intersegmental General Education Transfer Curriculum (IGETC) for CSU and UC • Fall 2024–Summer 2025

AREA 1—English Composition

UC: Two courses are required. Select **one** course from group 1A and **one** course from group 1B.

CSU: Three courses are required. Select **one** course from each group (1A, 1B, and 1C).

1A. English Composition (a minimum of 3 semester units)	C	IP	N
ENGL 100/100H			
1B. Critical Thinking—English Composition (a minimum of 3 semester units)	C	IP	N
ENGL 201/201H, 202/202H			
1C. Oral Communication—CSU ONLY (a minimum of 3 semester units)	C	IP	N
COMM 101, 106, 207 (F10)			

AREA 2A—Mathematical Concepts & Quantitative Reasoning

One course and a minimum of 3 semester units are required.
Select **one** of the following courses:

	C	IP	N
BTEC 180/180H; BUS 204/204H; CSIT 123; MATH 103/103S (F22), 112, 115, 126/126S, 131/131H, 150/150H, 155/155H, 260/260H; PSYC 104/104H; SOC 125			

AREA 3—Arts & Humanities

Three courses and a minimum of 9 semester units are required.
Select **one** course from group 3A and **one** course from group 3B.
Select a **third** course from either group 3A or 3B.

3A. Arts:	C	IP	N
ART 104, 157, 158, 159/159H, 201, 234, 254, 258, 259, 260/260H, 290 (F13); DESN 107, 108			
DNCE 100/100H, 101/101H, 105/105H; DRAM 105, 134, 222			
FILM 101 (F10)/101H, 106, 111/111H (F19), 112/112H (F19)			
MAT 105			
MUS 112 (F19), 113, 114 (F09), 115, 116, 119/119H			
3B. Humanities:	C	IP	N
ART 159/159H			
CCS/SOC 232			
COMM 215			
DESN 108			
DNCE 104/104H			
FILM 111/111H (F19), 112/112H (F19), 211/211H (F19), 212/212H (F19)			
FREN 121 (F19), 201, 202; GRMN 121, 201			
HIST 100 (F11)/100H (F11), 101 (F11)/101H (F11), 103/103H, 104/104H, 115/115H, 116/116H, 141/141H, 142/142H, 145/145H, 146/146H, 165			
HUMN 101/101H, 201, 202, 205			
ITAL 121, 201, 202; JAPN 121, 123/123H, 201, 202, 210 (F16)			
LIT 100, 101, 120, 122 (F22), 250/250H, 251/251H, 260/260H, 261/261H, 265/265H, 270/270H, 271			
MAT 105			
PHIL 101/101H, 102, 221; RELG 101/101H (F19), 103 (F19), 105			
SPAN 201, 202, 205, 221, 222			

AREA 4—Social & Behavioral Sciences

Two courses and a minimum of 6 semester units are required.
Select **two** courses from at least **two** disciplines.

	C	IP	N
ADM 100, 200 (F11)			
ANTH 102/102H, 103 (F16), 104, 105/105H, 107 (F19), 120, 190 (F19)			
BLST 100			
CCS 100, 232			
CHLD 112 (F22), 113 (F11), 210 (F11), 235			
COMM 120, 135, 220			
CSIT 160, 165			
ECON 100, 101, 102; ETHN 207			
GEOG 102, 104, 108; GERO 101, 250			
HIST 100/100H, 101/101H, 102/102H, 105/105H, 107, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141 (F10)/141H, 142 (F10)/142H, 145 (F10)/145H, 146 (F10)/146H, 165			
NUTR 108			
PLSC 101/101H, 102 (F09), 103, 150			
PSYC 100, 101/101H, 103, 114 (F19), 115 (F12), 121/121H, 125, 145 (F11), 170, 211 (F14)			
SOC 101/101H, 102, 103, 105, 120 (F10), 130, 140, 145 (F11), 207 (F10), 232, 250			

AREA 5—Physical & Biological Sciences

Two courses and a minimum of 7 semester units are required. Select **one** course from group A and **one** course from group B. One course must include a corresponding laboratory. (Lab courses are highlighted.)

5A. Physical Science:	C	IP	N
ASTR 101, 101L, 120 (F13)			
CHEM 103 (F19), 103L (F19), 112, 115/115H, 116, 140, 150/150H, 151/151H			
EART 106/106H			
GEOG 101, 101L			
GEOL 101/101H, 101L			
OCEA 101/101H, 101L			
PHSN 106, 108/108H			
PHYS 111/111H, 112/112H, 151/151H, 152/152H, 253/253H			
5B. Biological Science:	C	IP	N
ANTH 101/101H, 101L/101LH, 105/105H, 190 (F19)			
BIO 102, 103, 104, 105, 107, 108, 108L, 110, 111, 111L, 202, 204/204H, 220, 230 (F19)			
HORT 115 (F16), 116 (F10)			
PSYC 260			
5C. Laboratory Activity:	C	IP	N
This requirement may be met by the completion of any lab course above in 5A or 5B. (Lab courses are highlighted.)			

AREA 6—Language Other Than English (UC only)

This proficiency may be met by having completed two years of high school course work in a language other than English with a "C-""* or better or by selecting **one** of the following courses:

	C	IP	N
FREN 101; GRMN 101; ITAL 101; JAPN 101; SPAN 101, 221			

AREA 7—Ethnic Studies[†]

Select **one** course. A minimum of 3 units is required.

	C	IP	N
CCS 100, 232; ETHN 100 (F24), 207; SOC 207, 232			

For all approved courses, see Assist.org

CSU Graduation Requirements

History Constitution and America Ideals:

Select **one** course from Group I and **one** course from Group II; or by completing the course in Group III.

	C	IP	N
Group I: HIST 110/110H, 116/116H, 141/141H, 145/145H			
and			
Group II: HIST 111/111H, 117/117H (F16), 142/142H, 146, 165			
or			
Group III: PLSC 102			

Counselor / Created By _____

COUNSELOR NOTES:

LEGEND: C=Completed IP=In Progress N=Need

PROGRESS: Total Units Completed:

In Progress:

Need: